

Kathleen Thompson is a therapist in private practice in the Portland, Oregon. She earned a Bachelor's degree in Human Development (Warner Pacific College 1988) and went on to work in the helping field in different capacities for over two decades. In 2009 she returned to school to start a second career and entered the Masters of Science in Certified Rehabilitation Counseling at Portland State University Counselors Education Program. Since 2012 she has been a student of Relational Neuroscience with Bonnie Badenoch and learned from many other IPNB teachers and writers. Joining consultation groups and participating in trainings has helped her continue to grow and develop in the transformative principles. Since that time, Kathleen has incorporated Interpersonal Neurobiology into her therapeutic practice where she works with a broad spectrum of clients.

“Learning about IPNB felt like coming home. It made me feel like my life made sense and there was a place for me in the therapeutic landscape. I found room to engage with my interpersonal intuitions and to test the efficacy of collaboration that could naturally unfold between the client and myself. I have found the IPNB community to be supportive and grounding as we helpers navigate the pressures of professional measures and protocols as well as facing challenges in our own lives and the ones we love. Not only have I felt freedom to explore and incorporate wisdom from various modalities and life experiences, I feel like I'm becoming a better human.”